



Cycle Confidence Sessions Available

We offer a range of 1:1 Cycling Activities for individuals with disabilities, additional needs or enduring health conditions:

Introduction to Cycling

Returning to cycling

Cycling for fitness

E-bike Confidence Sessions

Trike lessons



These activities are FREE of charge, available and accessible to everyone, designed to develop cycling skills, offer health benefits and confidence.

Please email strawberrylineprojects@gmail.com to arrange a session.



Supported by

