

Healthier with Nature



- a Grange Road Surgery
- b Hartwood Healthcare
- c Hillview Family Practice
- d The Armada Family Practice
- e Stockwood Medical Centre

10 Walk & Talk
(For patients at these GP practices)

9 Lush Greens Volunteering

Contact for details

8 Roots to Wellbeing

Weds 1-4pm

1 Active Talk

Contact for details



2 Roots to Wellbeing
Withywood
Tues 1-4pm

3 Hartcliffe
Thurs 10am-1pm

4 Heart of BS13
Volunteering
Wednesdays

5 Wellbeing
Wednesdays & Thursdays
Weds 10am-3pm
Thurs 10am-12.30pm

7 Stockwood
Growing Together
Thurs 1-3pm

6 Bristol Steppin Sistas

Contact for details

1 Stockwood Open Space BS14 8DQ
Hartcliffe Millennium Green BS13 OBQ
Contact: charliehh@activebeing.co.uk
tel: 07764 744609, web: activebeing.co.uk

2 Withywood Park BS13 8PL
3 Hartcliffe Millennium Green BS13 OBQ
Contact: roots@yourpark.org.uk
tel: 07510 659215, web: yourpark.org.uk

4 Hartcliffe City Farm BS13 OQH
Contact: garden@heartofbs13.org.uk
tel: 07762 092648, web: heartofbs13.org.uk

5 Hartcliffe City Farm BS13 OQH
Contact: sara.chapple@windmillcityfarm.org.uk
tel: 0117 947 1194, web: hartcliffecityfarm.org.uk

7 Stockwood Childrens Centre, BS14 8DQ
Contact: sylviaandlen@hotmail.co.uk
Facebook: [Stockwood Growing Together](https://www.facebook.com/StockwoodGrowingTogether)

8 Stockwood Open Space BS14 8DQ
Contact: roots@yourpark.org.uk
tel: 07510 659215, web: yourpark.org.uk

9 Lush Greens BS14 OST
Contact: lushgreensbristol@gmail.com
tel: 07774 911836, web: lushgreensbristol.org.uk

10 Knowle West Healthy Living Centre, BS4 IWH.
Contact: Kathy.kingdon@knowlewesthealthpark.co.uk
tel: 07739 649778 web: knowlewesthealthpark.co.uk